



Help! I've Never Had A Garden

Overview

- OVERVIEW:
 - The BIG Picture
 - What's Your Dream Goal?
 - Your Garden Game Plan
 - Growing an Abundance



The Big Picture

- The BIG Picture
 - The organic approach
 - Working with nature - not against it
 - Understanding ecosystems
 - Encourage bio-diversity





What's Your Dream Goal?

Your Dream Goal

- YOUR DREAM
 - Break it down
 - One step at a time





Your Garden Game Plan

THE GAME PLAN



Your Garden Game Plan

- THE GARDEN GAME PLAN
 - Ignition
 - Launch
 - Grow
 - Extend



Stage 1 - Ignition

- **STAGE 1: IGNITION**
 - Planning your garden
 - Ordering seeds
 - Focus on your soil and nutrients



Stage 1 - Ignition

Where most people struggle and how
to not fall into the same trap (it's so
simple!)

Stage 1 - Ignition



- Success vs. Failure
- Busy, busy, busy...
- The BIG trap
 - Procrastination
 - Delay
 - Brain freeze!

Stage 1 - Ignition

- How to NOT fall into the trap!
- Take one step at a time
- Set aside time to plan
- Start planning early
- Get accountability



Stage 1 - Ignition

- **MAKING YOUR PLAN**
 - Everything revolves around your garden plan
 - Master your garden - don't let the garden master you



Stage 1 - Ignition



- **MAKING YOUR PLAN**
 - Choose what to grow
 - Choose where to grow it
 - Order seeds

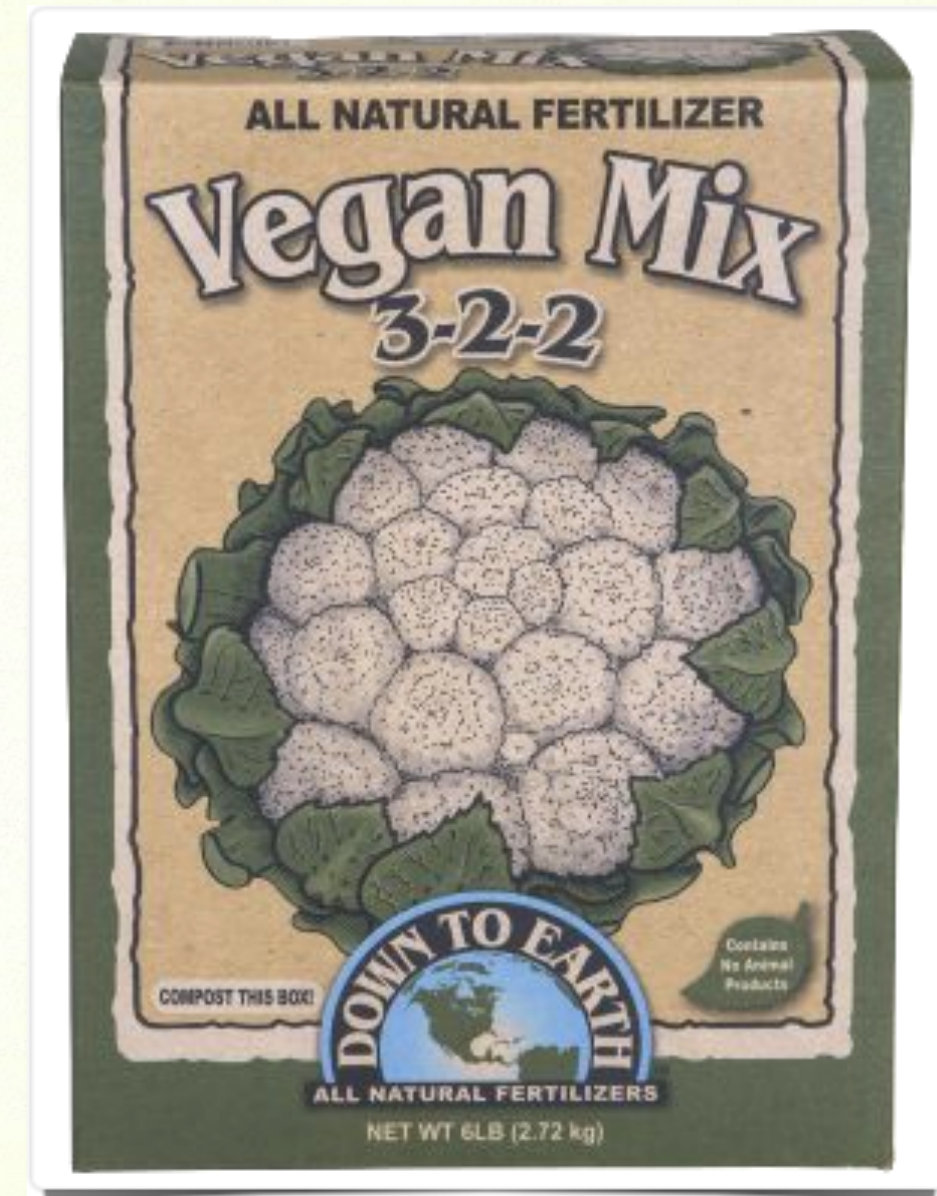
Stage 1 - Ignition

- Focus on your soil
 - Your soil is the health of your garden
 - Get a soil test?
 - Organic matter (compost)
 - Our #1 garden fertilizer



Stage 1 - Ignition

- Focus on your soil
 - Your soil is the health of your garden
 - Get a soil test?
 - Organic matter (compost)
 - Our #1 garden fertilizer



Win a FREE Soil Test And Personal Soil Amendment Recommendation



Stage 2 - Launch

- STAGE 2: LAUNCH
 - Prepare your garden beds
 - Build up your soil
 - Seed your garden
 - Transplant



Stage 2 - Launch

- There are many different ways you can set up your garden
- Some people use the square foot gardening method
- I suggest growing in 30" wide beds





Seeing is believing. Each of these gardens takes up 4 square feet (1.2 m²) of garden space. But planted in a row, beets yield only about a dozen plants in this amount of space, while a staggered, wide-bed planting scheme yields more than 3 times that many.

Stage 2 - Launch

- Advantages of a 30" Wide Bed:
 - It is easy to step across, straddle, or reach across for planting and harvesting
 - There are many quality tools designed for it
 - Our plant spacing recommendations are based on it

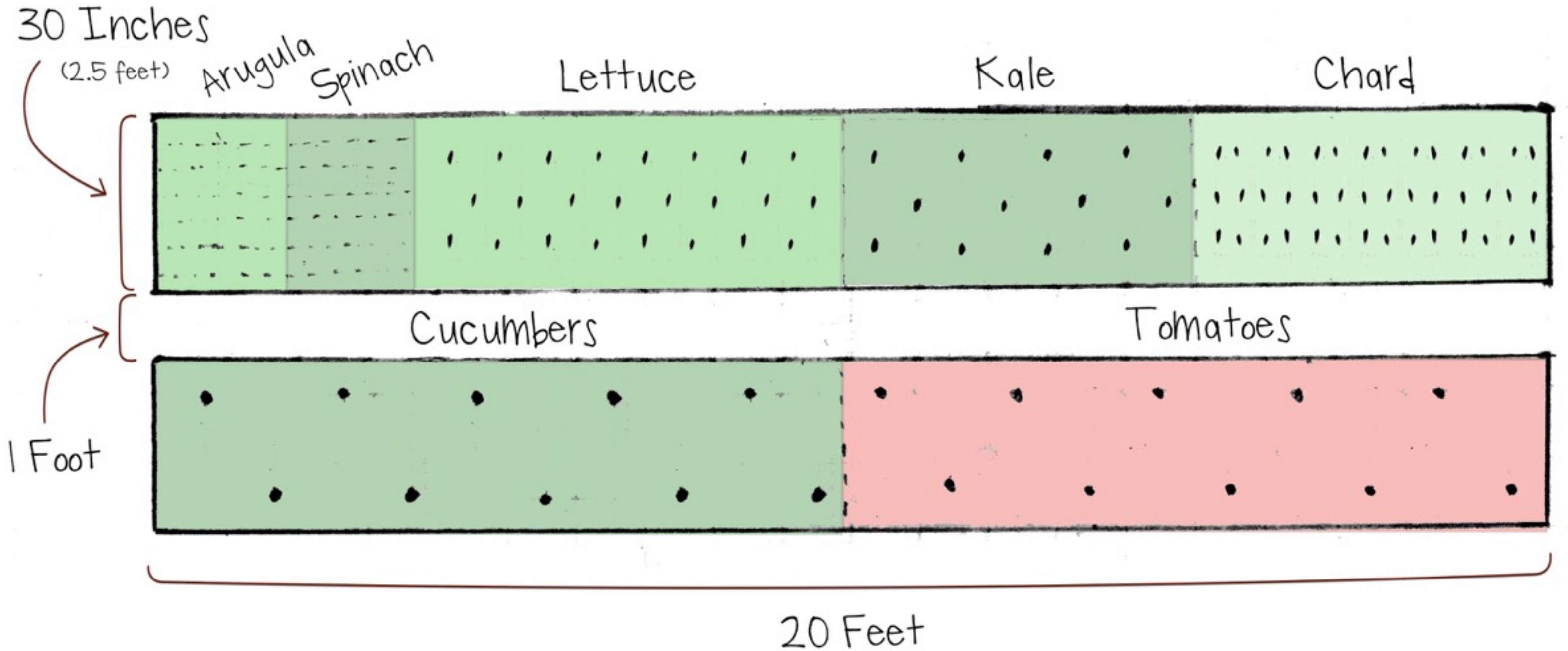


Stage 2 - Launch

- Advantages of a 30" Wide Bed:
 - 20' length is ideal for the home size garden (50 sq. ft. or 1/5 of 100 linear feet)
 - Beds are NOT to be walked on! Use narrow pathways (12-15") for walking on



THE SUPERFOOD GARDEN PLAN



Stage 2 - Launch

- Building up your soil
 - Organic matter
 - Compost
 - Worm castings
 - Our #1 garden fertilizer



Stage 2 - Launch



- Seeding and Transplanting
 - Moisture, light, warmth
 - Germinate best around 70 degrees

Stage 2 - Launch



- As a general planting rule, cover seeds three or four times their diameter (i.e. plant a ¼" diameter pea 1 inch deep)
- In cool or heavy soils, plant a little shallower
- In warm or dry soils, plant slightly deeper
- Keep soil moist until germination

Stage 2 - Launch

- There are many advantages to transplanting:
 1. Transplanting is more reliable
 2. Better plant care and cost efficiency
 3. An almost sure harvest
 4. It is easier to deal with weeds
 5. It increases the effectiveness of succession planting
 6. Shelter gives a head start

Stage 3 - Grow

- STAGE 3: GROW
 - Watering
 - Weeding
 - Trellising
 - Pest and disease control
 - Harvesting
 - Storing



Stage 3 - Grow

- Watering TIP
 - Water in the morning or early afternoon
 - How much? Check if soil is moist
 - Watch for wilt



Stage 3 - Grow

- Weeding TIP
 - How to eliminate 70% of weeds before you can even see them
 - Cultivate - don't weed
 - Skim soil when weeds are just germinating



Stage 3 - Grow

- Weeding TIP
 - How to eliminate 70% of weeds before you can even see them
 - Cultivate - don't weed
 - Skim soil when weeds are just germinating



Stage 3 - Grow



- Pest and Disease Control
 - Focus on health of the plant (soil)
 - Healthy plants are resistant
 - Other natural solutions

Stage 3 - Grow



- EXAMPLE: Aphid Cure Formula
 - Spray with soap water
 - Fertilize
 - Water well





Stage 4 - Extend

- STAGE 4: EXTEND
 - Protecting your veggies
 - Growing in the winter





Growing An Abundance

Review: The Game Plan

- FOLLOW THE GARDEN GAME PLAN
 - Ignition
 - Launch
 - Grow
 - Extend



THE GAME PLAN



**WITH THE RIGHT SYSTEM
IN PLACE YOU CAN GROW
AN ABUNDANCE OF FOOD
WITH LESS EFFORT, LESS
DISEASE, LESS WORK,
LESS STRESS, AND LESS
OVERWHELM.**



**BUT THE KEY IS IN
THE SYSTEM AND
HAVING IT IN
PLACE**





PRO MEMBER

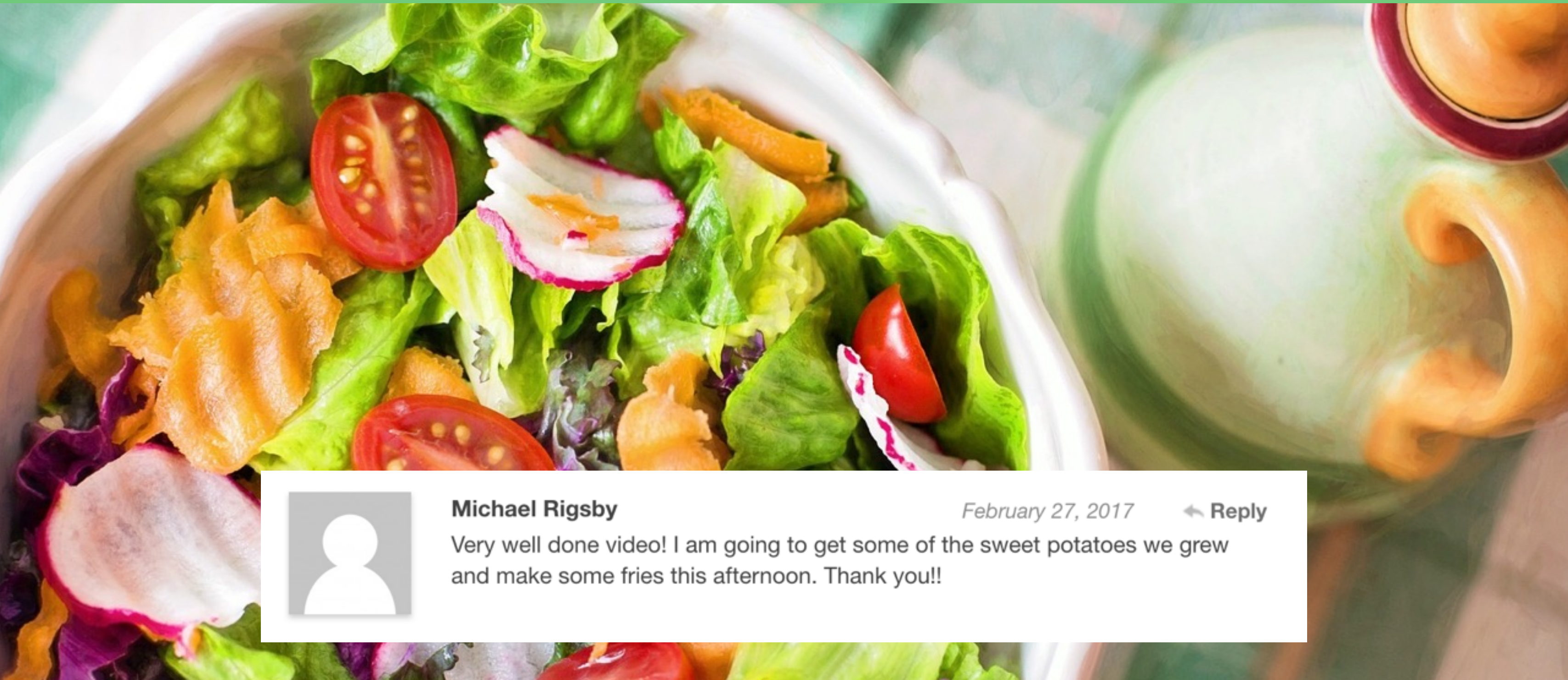


**FINALLY! EVERYTHING YOU NEED TO
GROW ORGANIC FOOD RIGHT IN YOUR
BACKYARD WITHOUT ANY HEADACHES**

MASTER CLASSES



HEALTH SPOTLIGHTS





Michael Rigsby

February 27, 2017

← Reply

Very well done video! I am going to get some of the sweet potatoes we grew and make some fries this afternoon. Thank you!!

LIVE MEETINGS

-  **Amy Pershin**
This membership is soooo worth it!
-  **Edwin**
Yes Amy! Looking forward to your questions!



PRIVATE FACEBOOK GROUP





Joelle Damsteegt McNulty

July 25 at 6:58pm

So. Much. Produce!! I want to say this season might be the most ever thanks to the new methods I've been using from these garden classes.

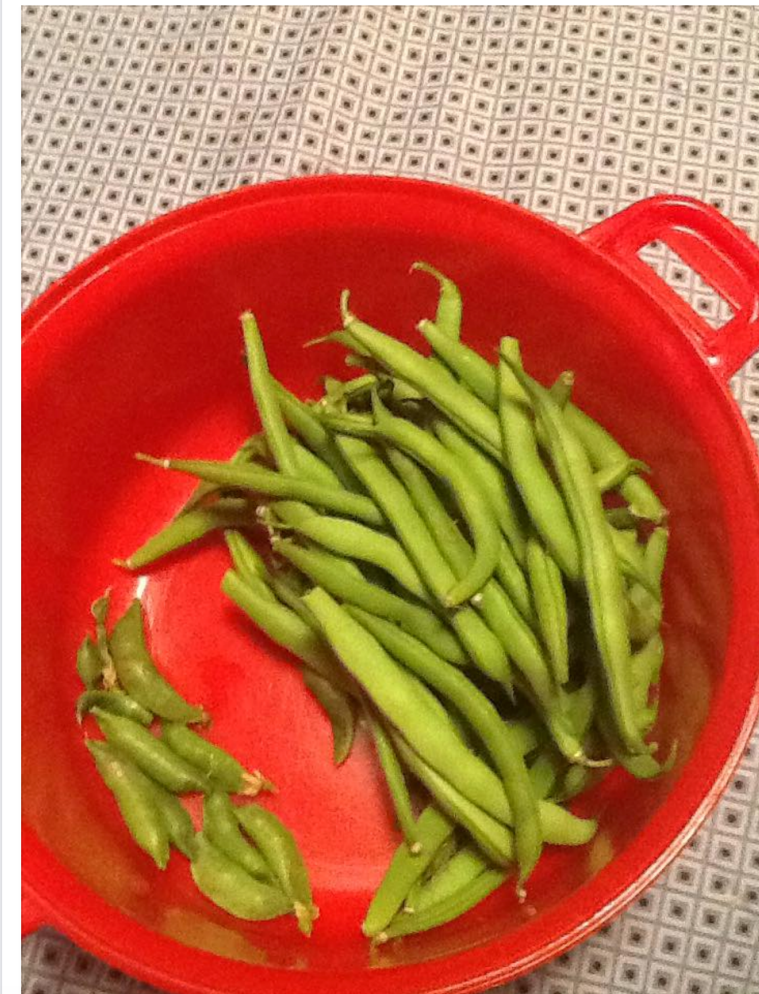


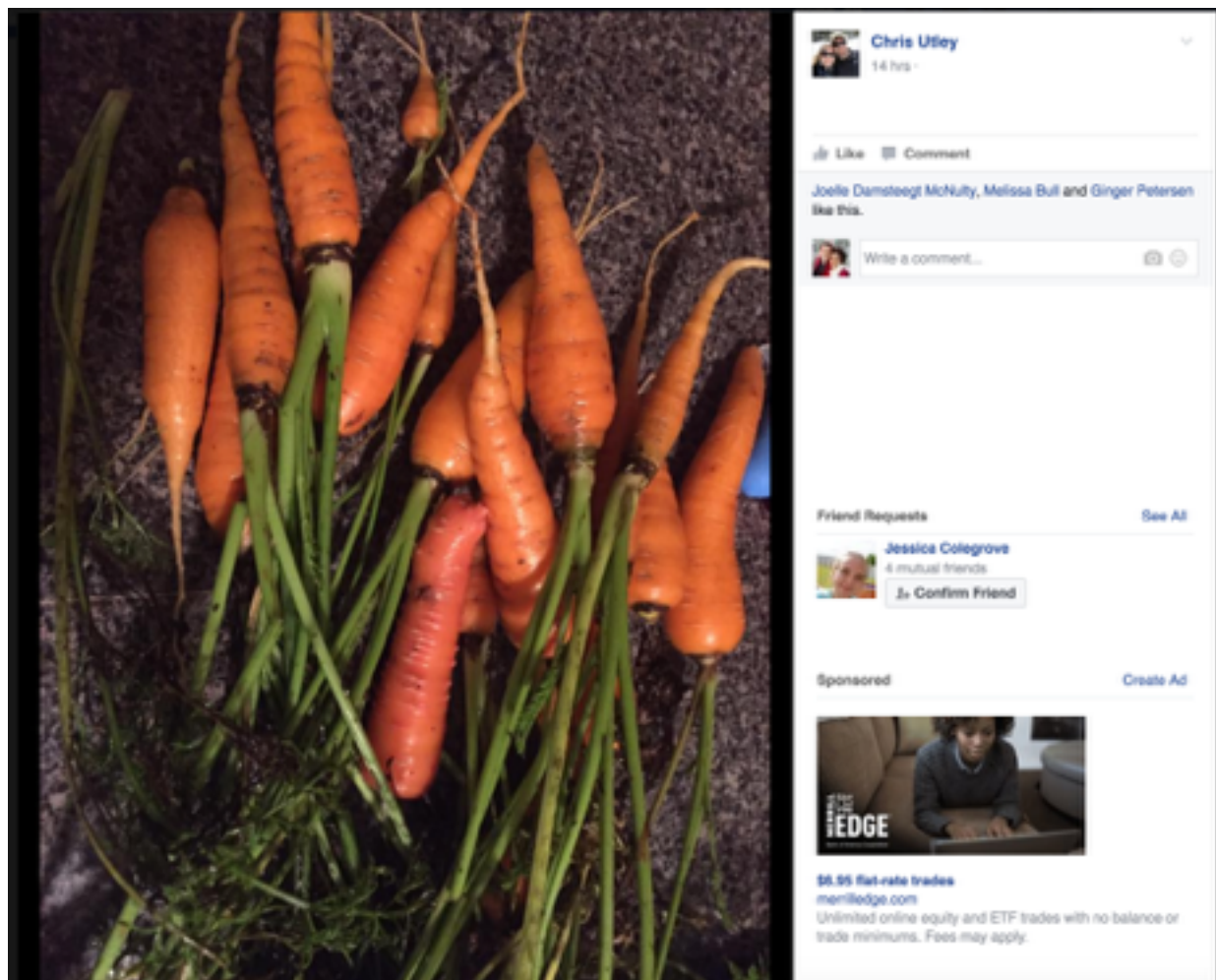
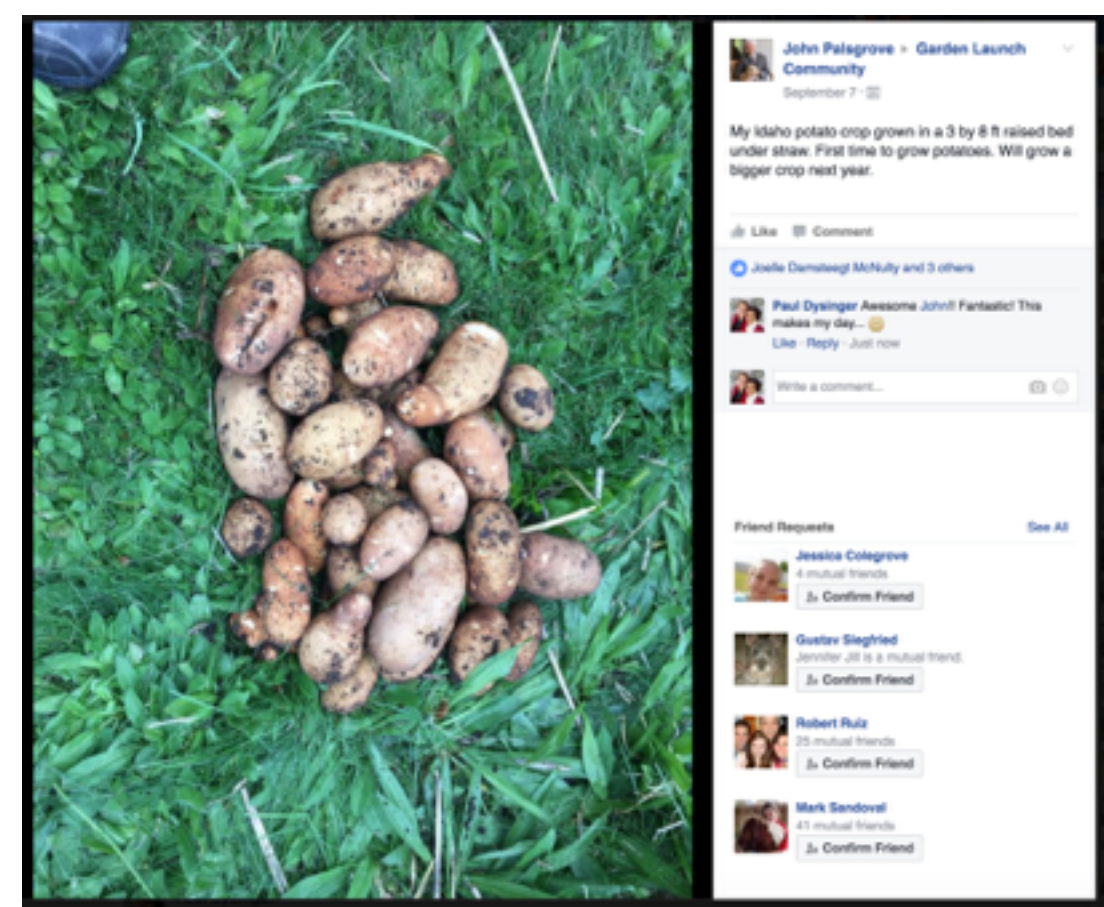
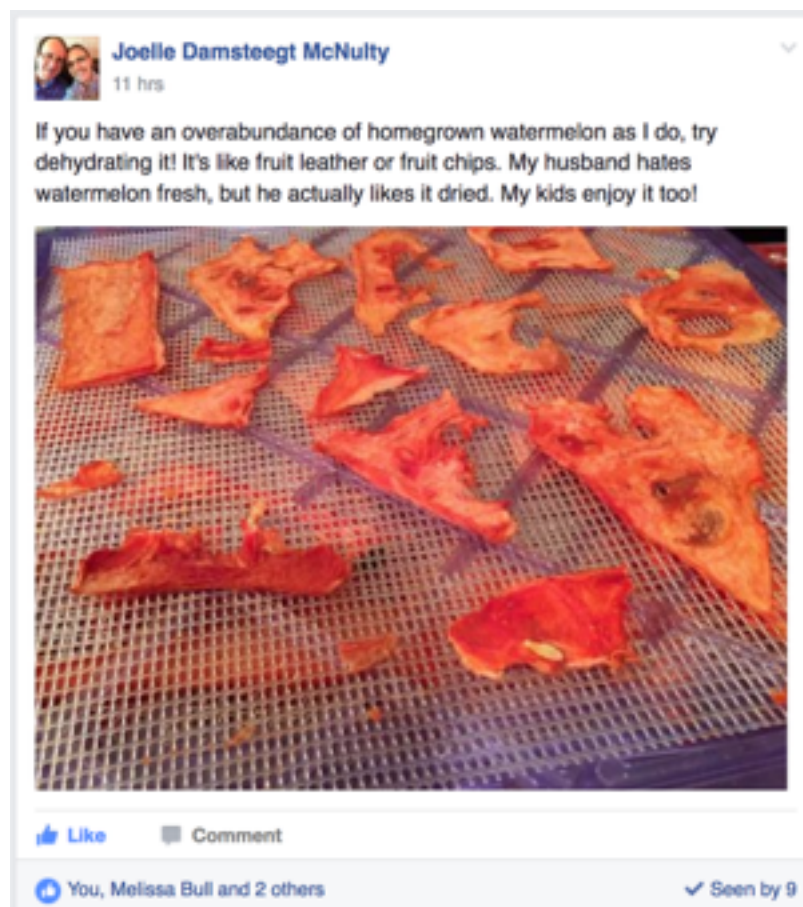
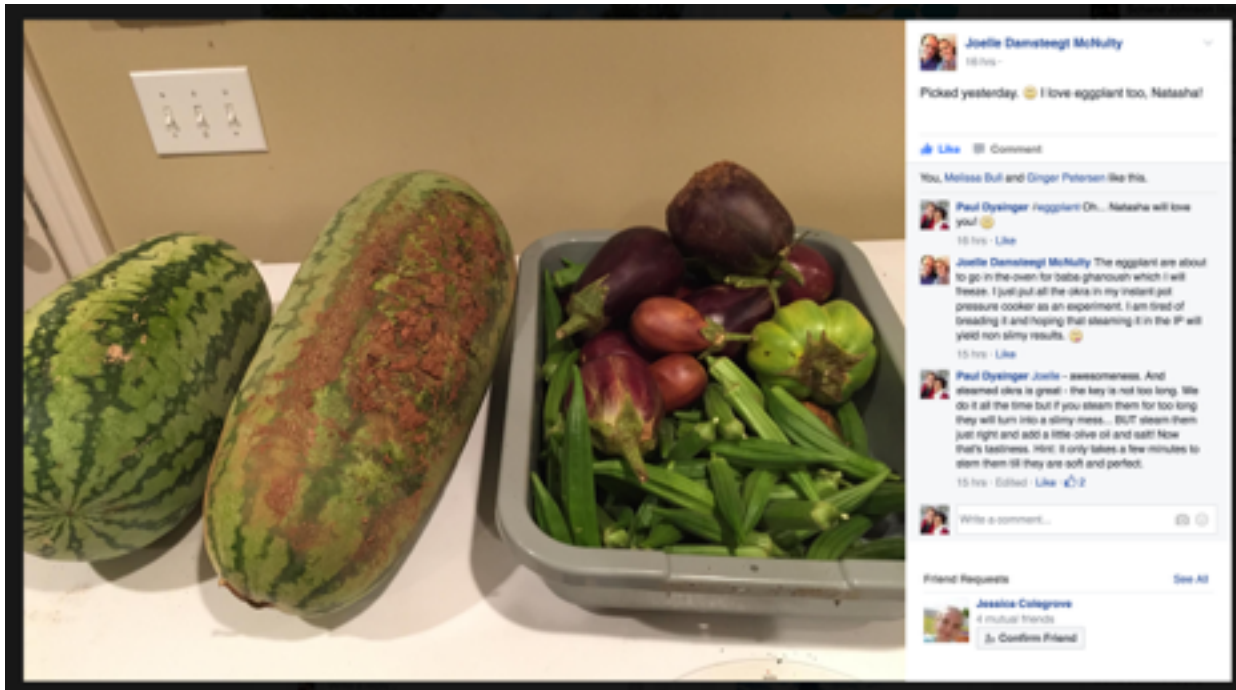


Jan Johnson ▶ **Born to Grow Family**

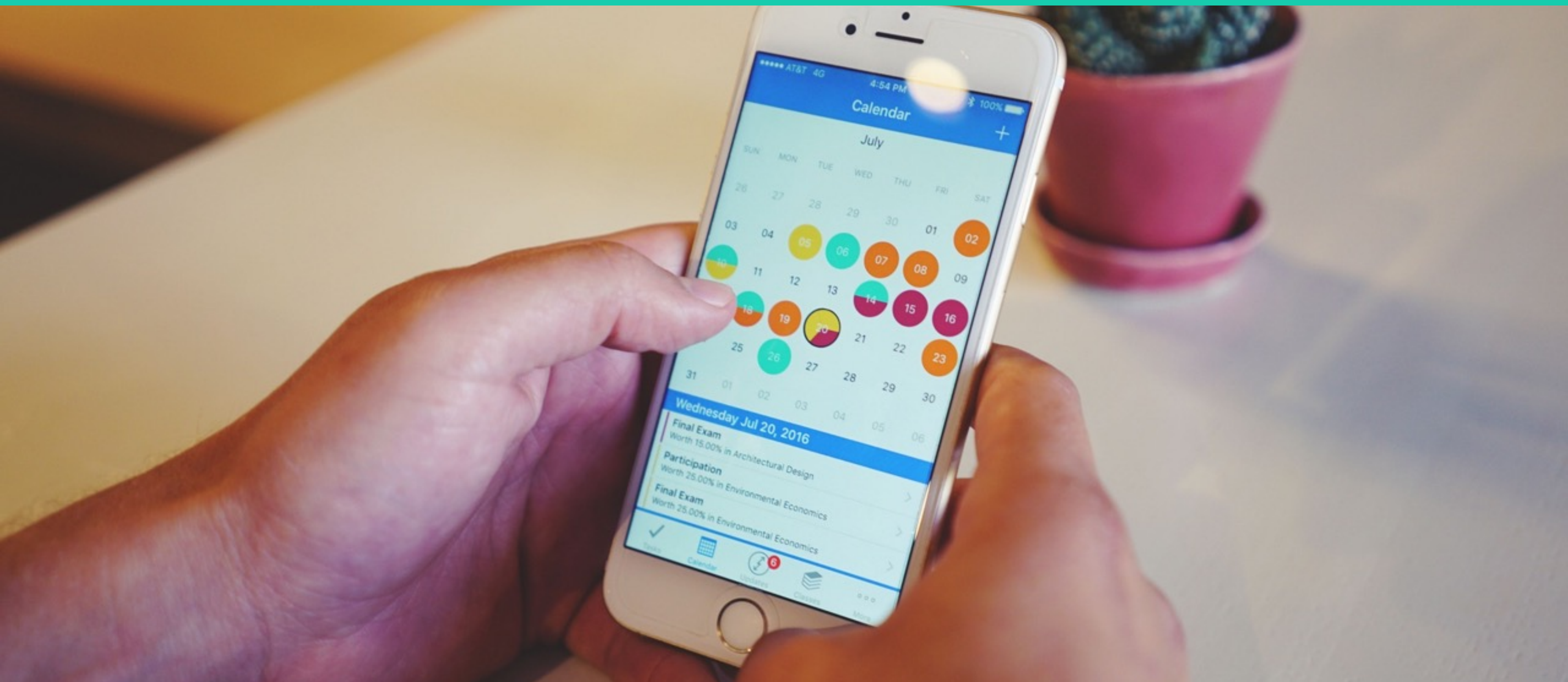
June 1 at 11:11pm ·

I deliberately have a very small garden. Keep that in mind when you see this picture. This is my second batch of green beans and my first inkling of peas. I will be picking lettuce tomorrow. Since I have never grown anything I am really happy.





BONUS: GARDEN MAP CHECKLISTS





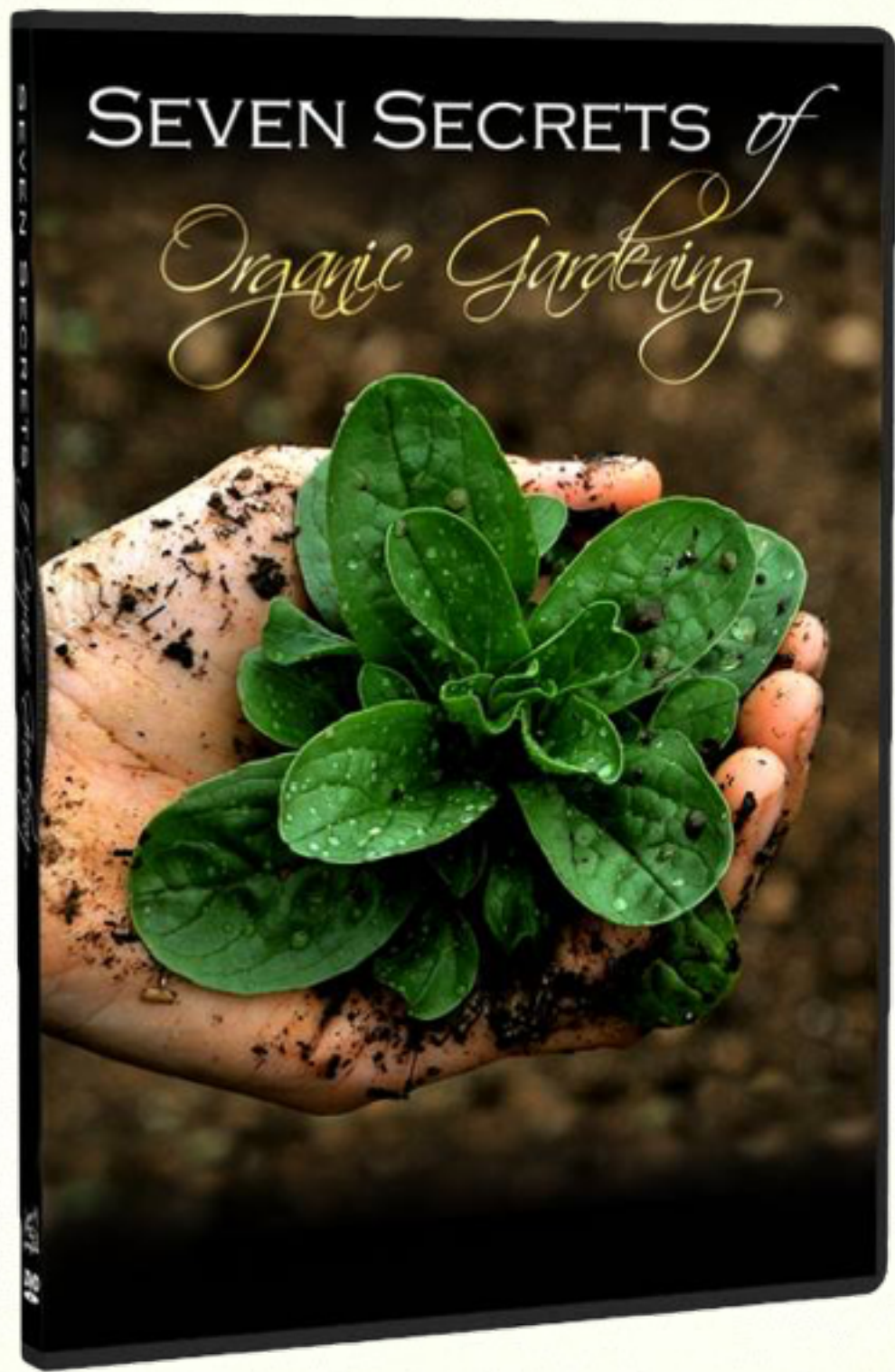
PRO MEMBER



- Instant Access to our **Entire Garden Training Library** with over 160 teaching and demonstration videos
- Master Classes
- Health Spotlights
- LIVE Meetings with Q+A
- Private Facebook Group Access
- BONUS: Custom garden map checklists

START NOW
FOR LESS
THAN \$1/DAY





For more garden training and
information visit: www.borntogrow.net

