



HOME • DIY • ORGANIC GARDENING • HOMESTEADING & LIVESTOCK • REAL FOOD • NATURAL HEALTH • RENEWABLE ENERGY GREEN HOMES • NATURE & ENVIRONMENT • GREEN TRANSPORTATION • LAND FOR SALE

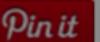
Edible Landscaping: Grow \$700 of Food in 100 Square Feet!

Americans would realize astonishing savings on their grocery bill if they set aside a small amount of land for edible landscaping instead of growing so much grass.

of growing so much grass.

By Rosalind Creasy with Cathy Wilkinson Barash December 2009/January 2010









The total value of the fresh vegetables author Rosalind Creasy grew in her 100-square-foot garden in 2008 was \$683.43!

OVERVIEW:

- 1. Planning your garden
- 2. Planting your garden
- 3. Maintaining your garden
- 4. Harvest!







PLANNING YOUR GARDEN:

- ➤ What locations do you have available?
 - Take advantage of microclimates
 - Raised beds and containers
 - ➤ Tower garden
- > Choosing what to grow
 - > Which crops go where



IT STARTS WITH THE SOIL

- ➤ For pots, tower garden
 - ➤ What soil mix?
 - ➤ What fertilizer?
- ➤ For raised beds, flower beds
 - > Building up the soil



CHOOSING CONTAINERS

- ➤ What size do you need?
- > Self-watering containers
- ➤ Tower garden



PLANTING YOUR GARDEN!

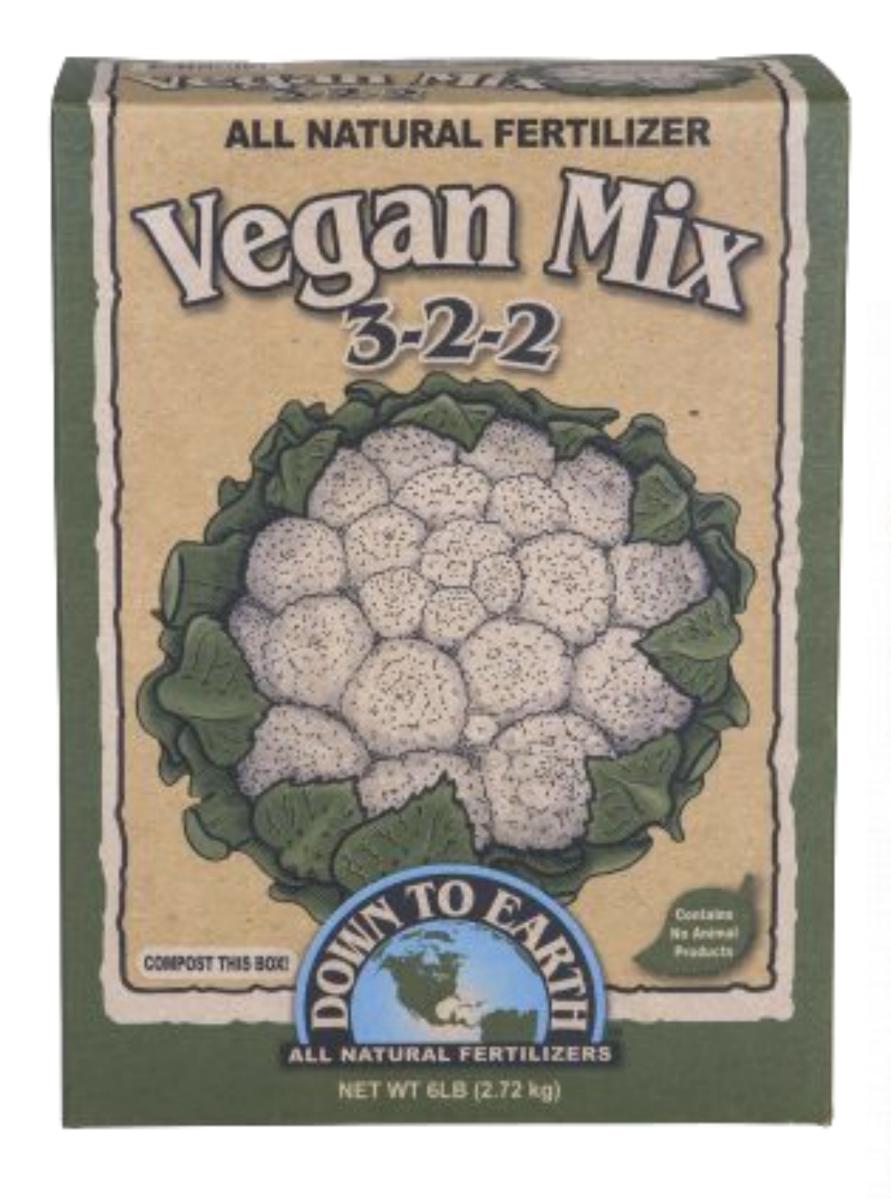
- Getting the most hearty varieties
- Direct seeding vs. transplanting
- ➤ Growing indoors
 - Lighting







- ➤ Watering
 - Easy for plants to get water stress
 - Mulching to slow evaporation
 - > Self-watering planters





- ➤ Fertilizing
 - Our #1 best garden fertilizer



- > Pest and Disease Control
 - What to do when there's a breakout!
 - Insect pests
 - Large pests deer, rabbits, coons etc.
 - Diseases









- > Weed Control
 - Good news! Not usually a problem
 - Mulching can be helpful

- ➤ Composting?
 - Composting tumblers
 - ➤ Tower garden composting
 - > Worm composting
- ➤ Composting Ratio
 - > 3 browns to 1 green



- Getting the most out of your space
 - > Succession planting
 - ➤ Transitioning from cool weather into warm weather and back



- ➤ Growing microgreens!
- ➤ Up to 40x more nutrients
- ➤ Harvest in 14 days
- > Grows anywhere





HARVEST!

- ➤ Enjoy the work of your hands
- ➤ Harvesting greens
- Tomatoes going into winter
- ➤ Enjoy!

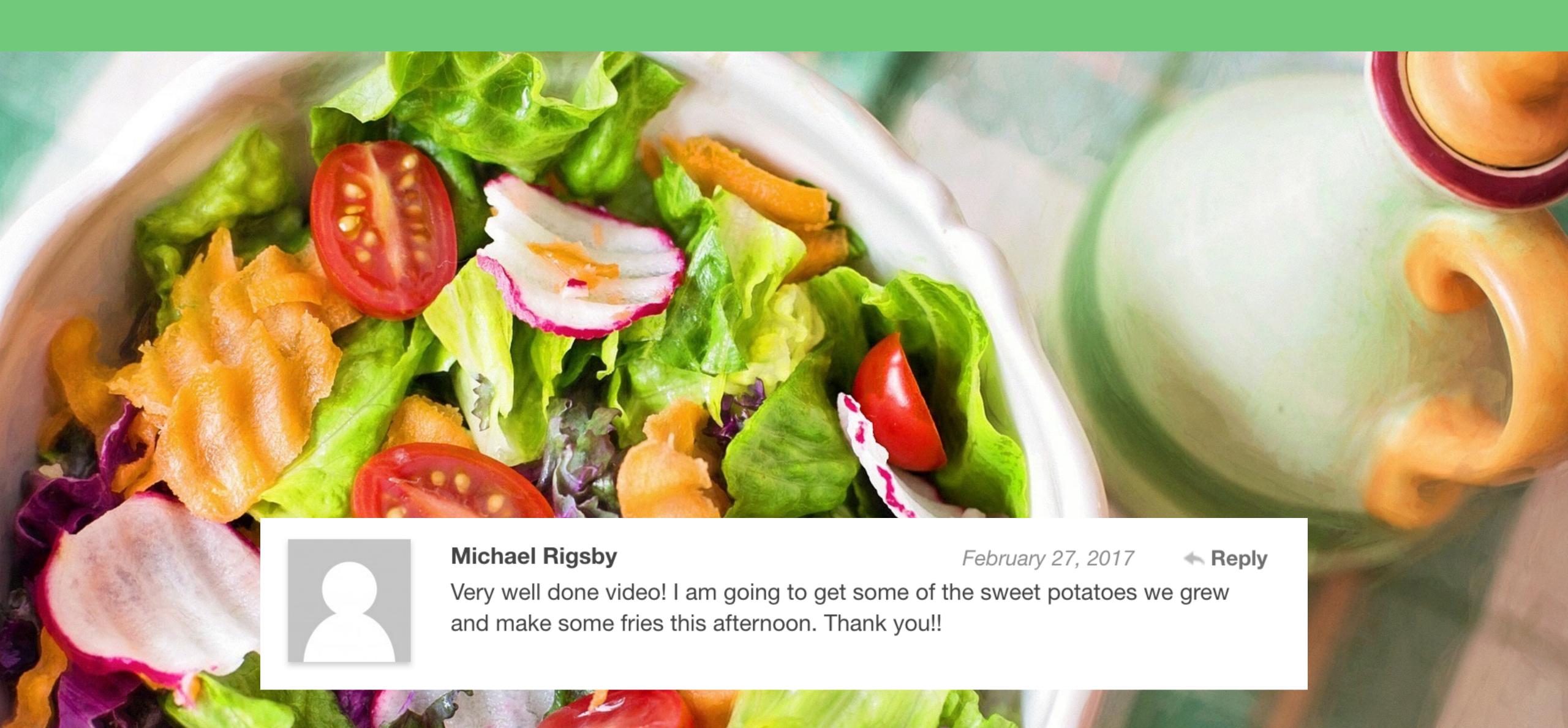




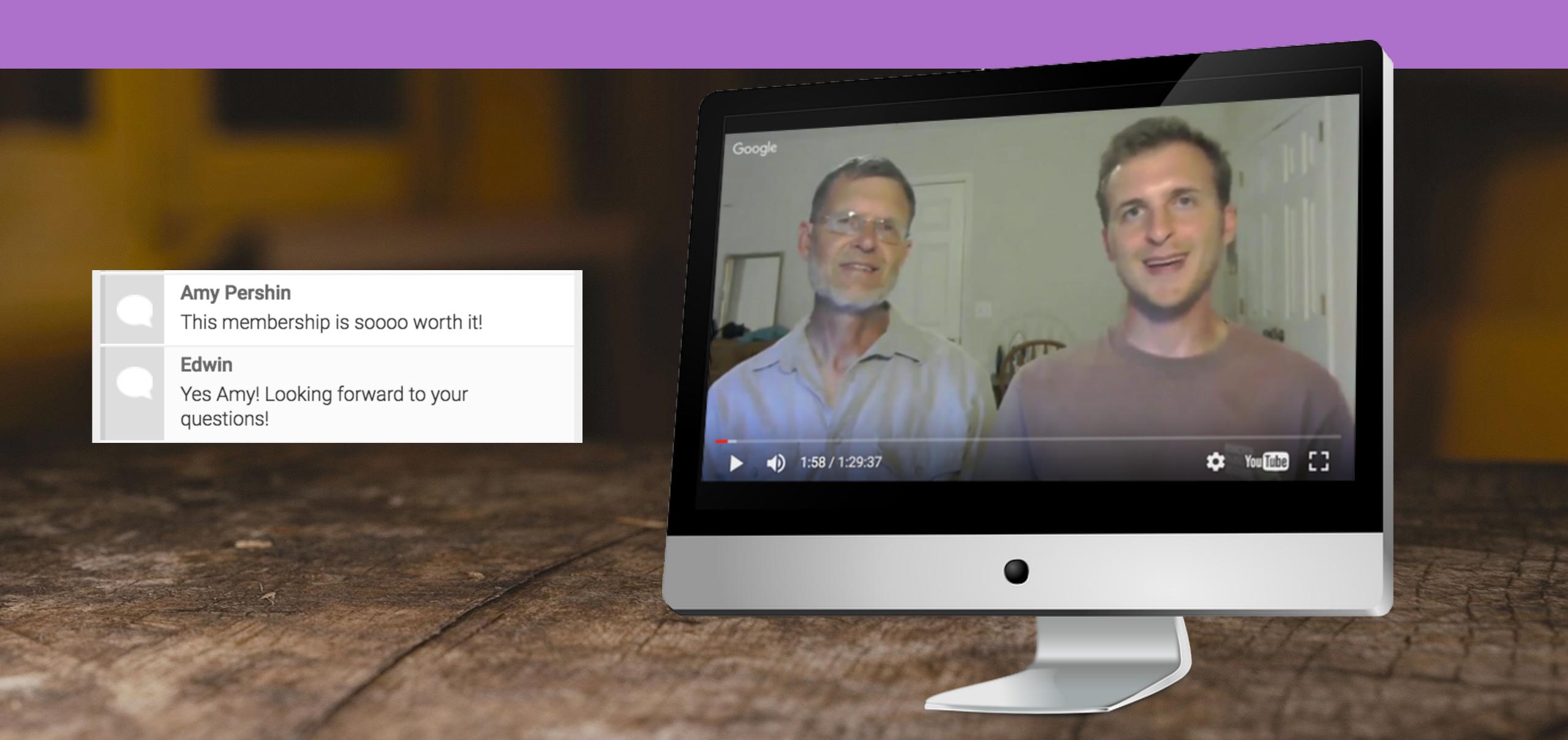
MASTER CLASSES



HEALTH SPOTLIGHTS



LIVE MEETINGS



PRIVATE FACEBOOK GROUP





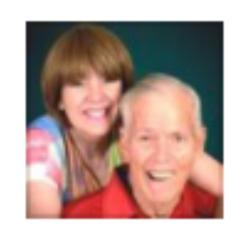
Joelle Damsteegt McNulty

July 25 at 6:58pm

So. Much. Produce!! I want to say this season might be the most ever thanks to the new methods I've been using from these garden classes.







Jan Johnson ▶ Born to Grow Family

June 1 at 11:11pm • 🔠

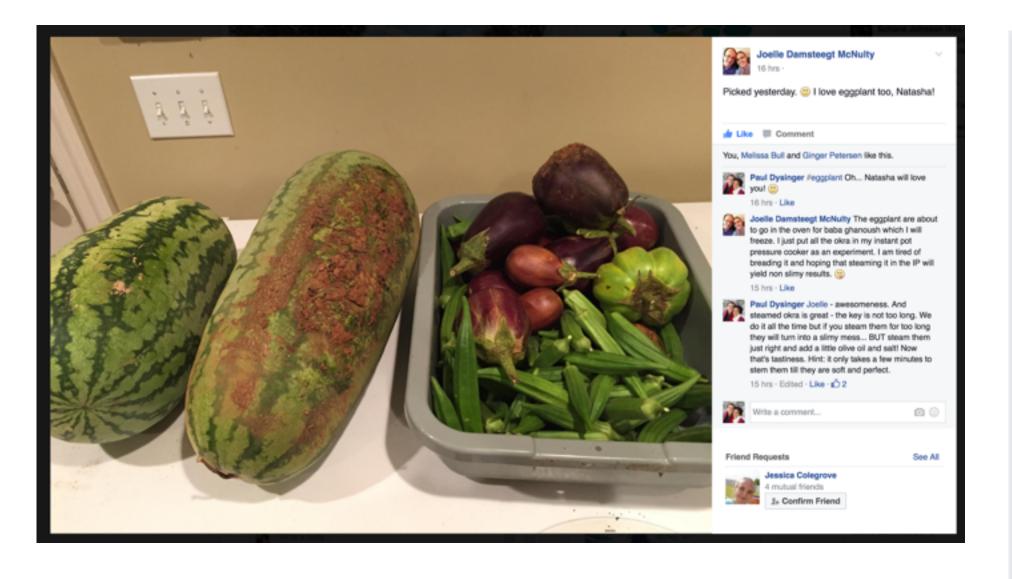
I deliberately have a very small garden. Keep that in mind when you see this picture. This is my second batch of green beans and my first inkling of peas. I will be picking lettuce tomorrow. Since I have never grown anything

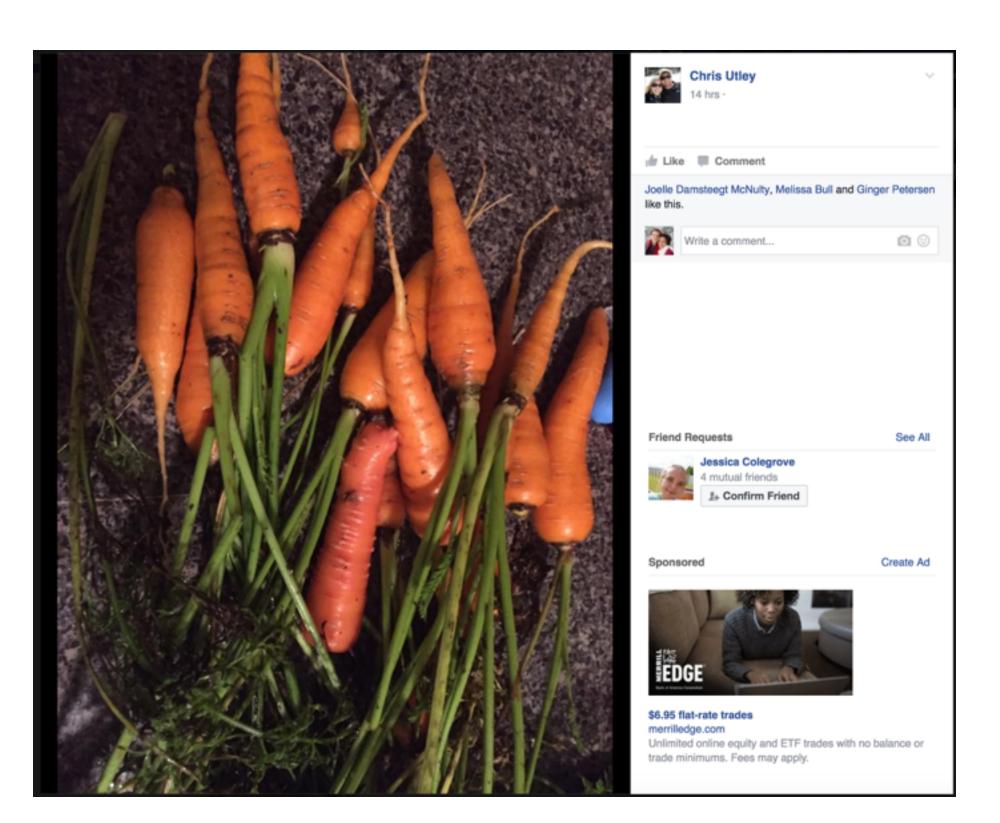
I am really happy.

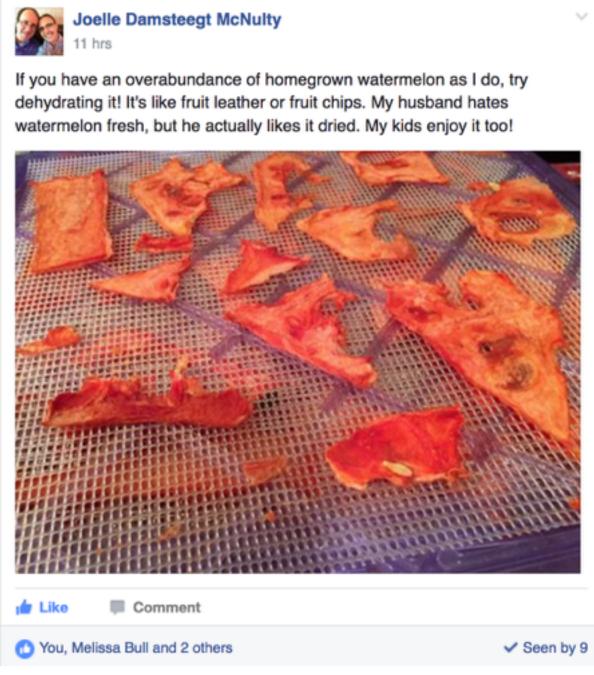


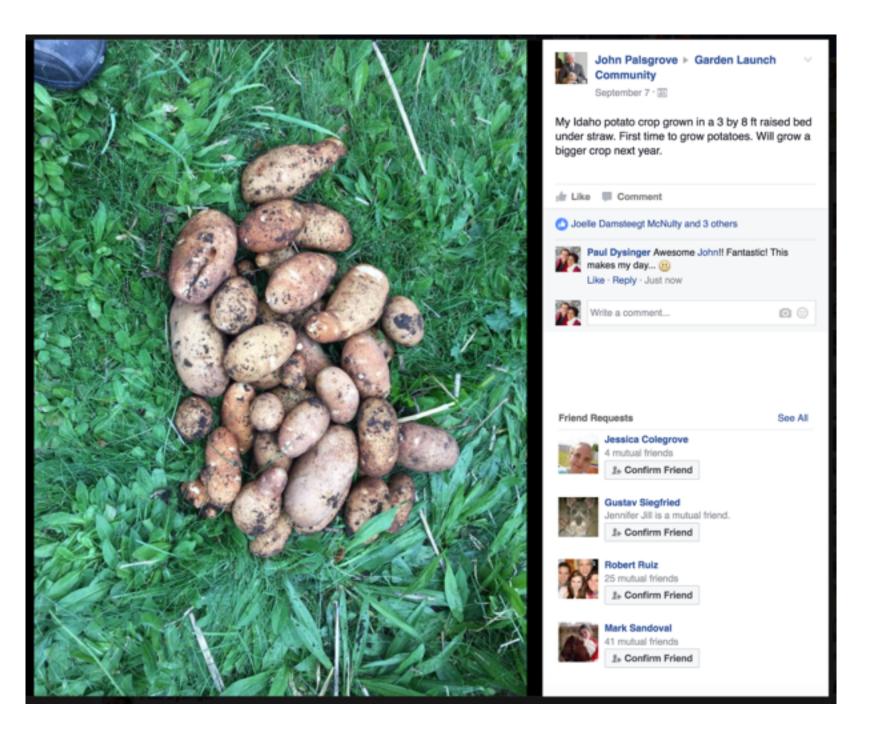






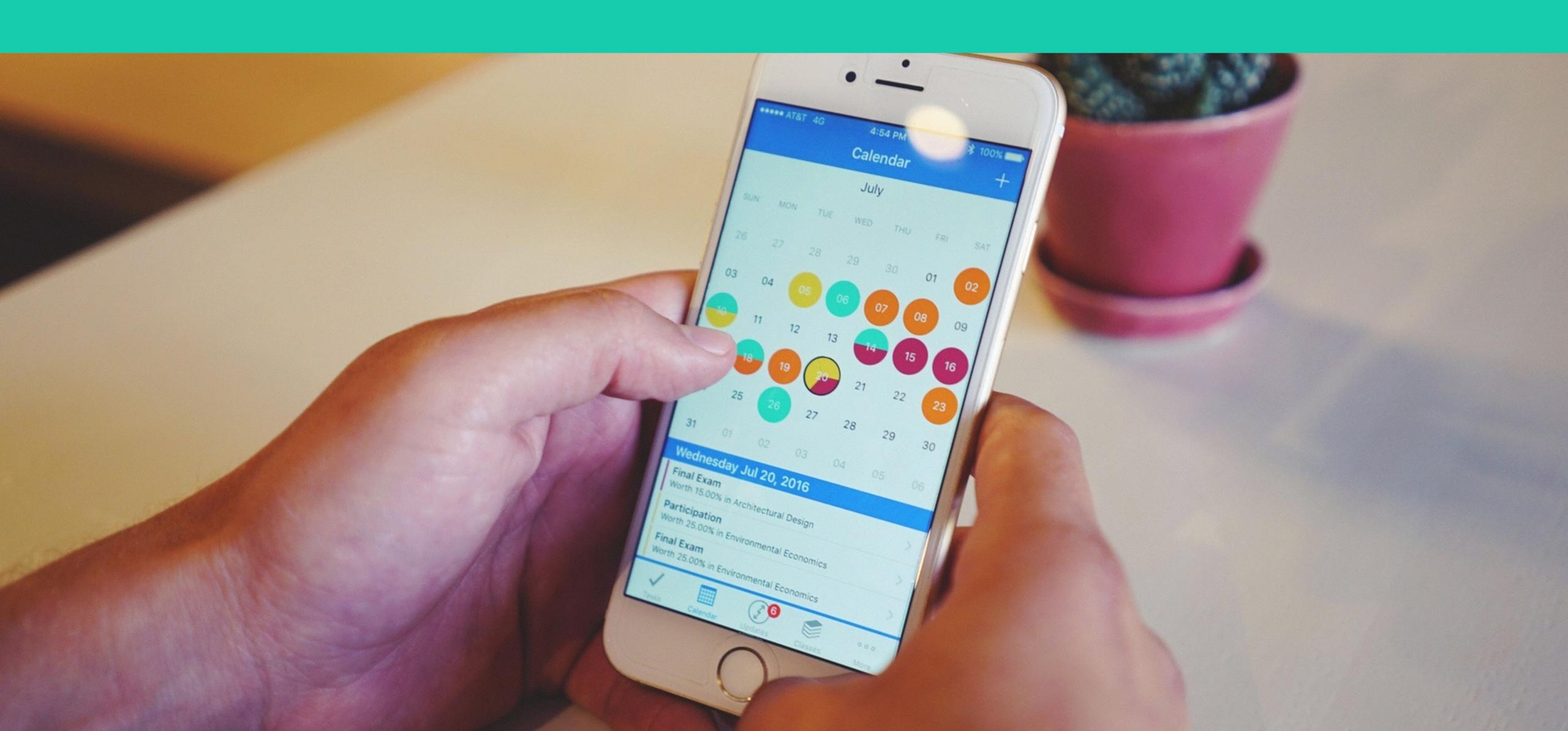








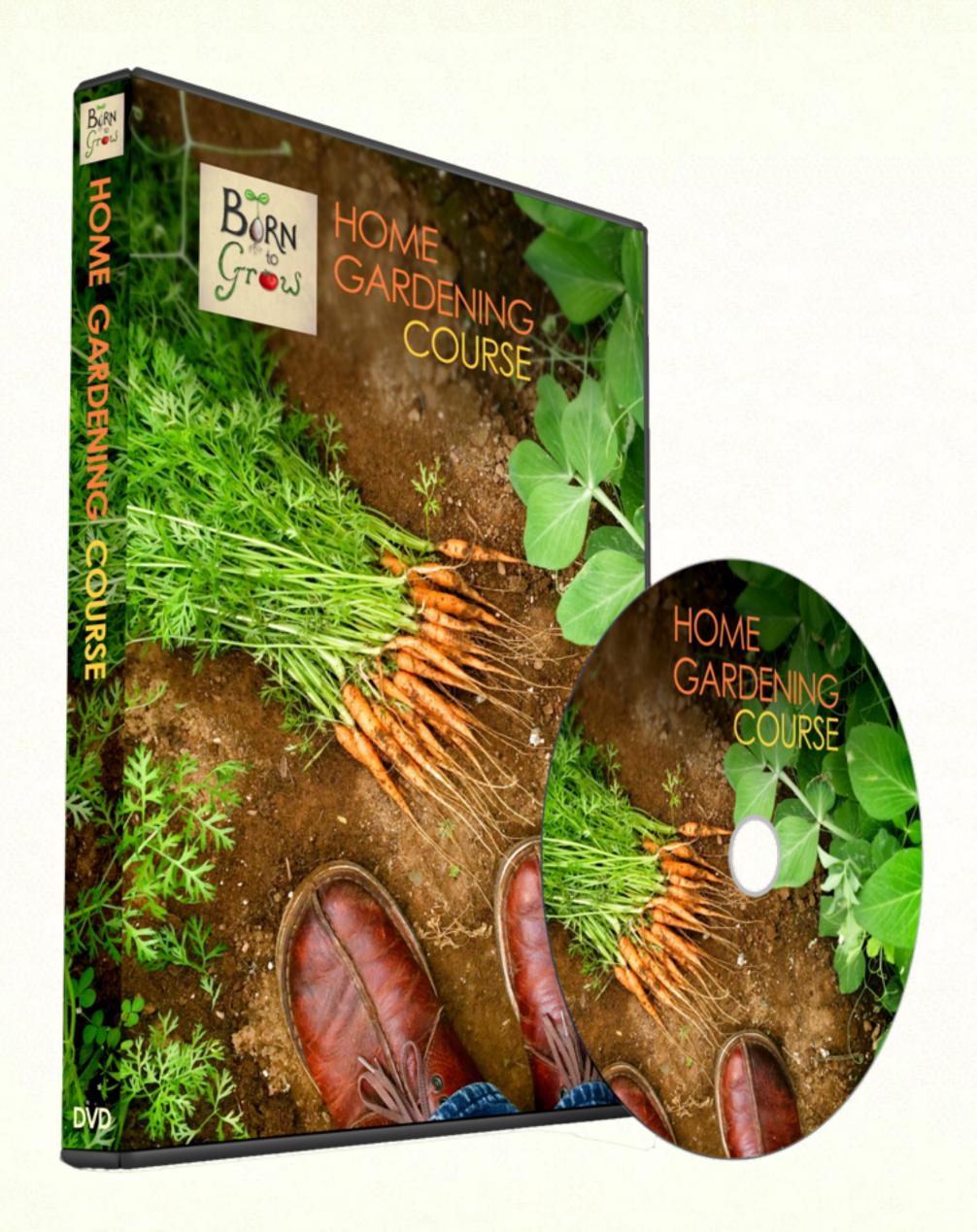
BONUS: GARDEN MAP CHECKLISTS

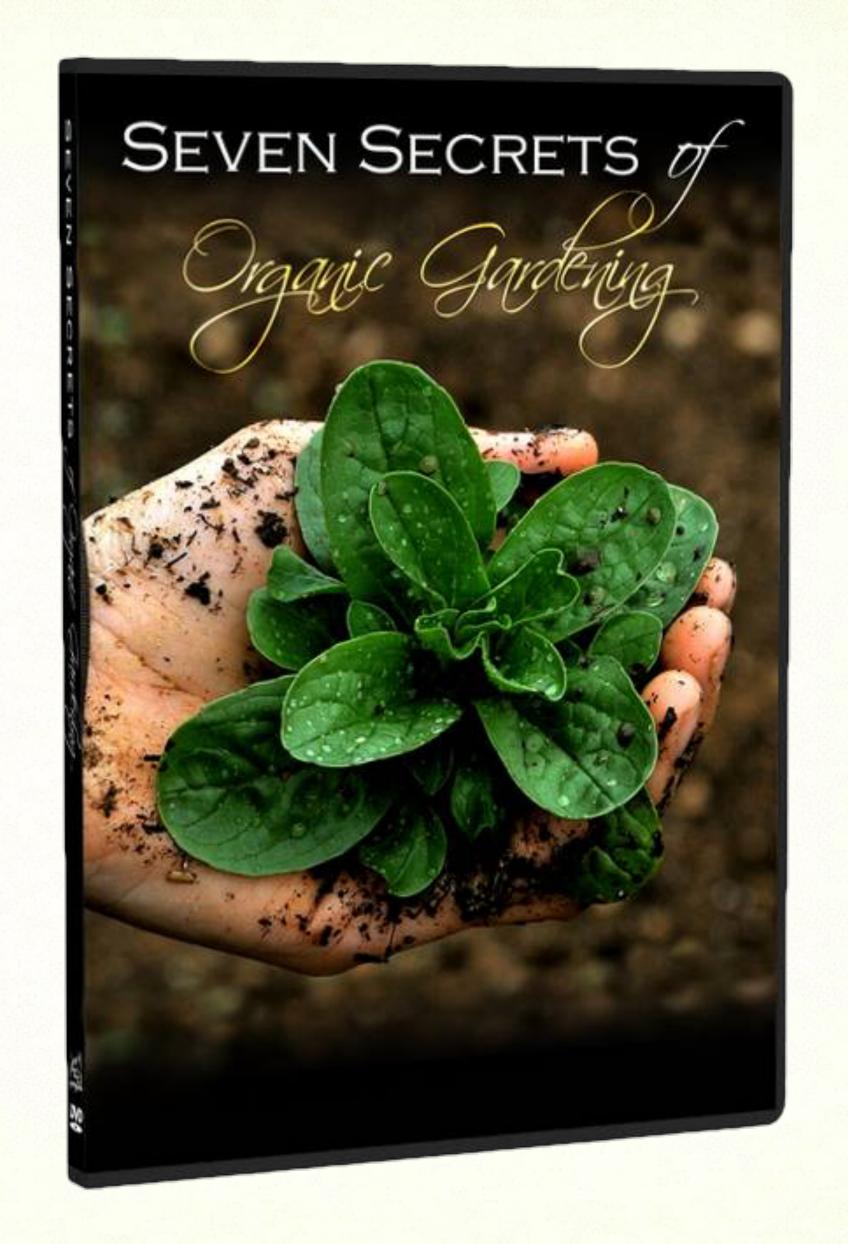




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For more garden training and information visit: www.borntogrow.net

